



## GO CONTACTLESS SMITHFIELDLUTON.COM

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## **ULTIMATE SMITHFIELD** NACHOS (V)(GF) 12.50

Crunchy tortilla chips topped with jalapeño cheese sauce, tomato salsa, grated Cheddar cheese, smashed avocado, sour cream and sprinkled with fresh chillies, coriander and spring onion 1268 kcal

ADD black pudding 276 kcal 2.50

## CHEESY TOASTIES

All toasted sandwiches are served with your choice of a side salad or chips

### HAM & CHEESE MELT

Sliced Wiltshire ham with mature Cheddar & mozzarella in thick white bloomer bread served with chips 1145 kcal or a salad 774 kcal

### CHICKEN & BRIE

Grilled chicken breast pieces with gooey brie and back bacon in thick white bloomer bread served with chips 1278 kcal or a salad 906 kcal

### **VEG MARKET MELT (V)**

Fried halloumi, flat mushrooms, mature Cheddar, mozzarella and red pesto in thick white bloomer bread served with chips 1275 kcal or a salad 904 kcal

#### FROM THE HERD

## **BUTTER CHICKEN CURRY**

17.00

16.50

15.00

17.00

16.50

4.75

21.00

Flavourful butter curry with tandoori chicken thigh pieces. Served with basmati rice, garlic & coriander naan and mango chutney 1464 kcal GO GLUTEN FREE! Ask for your curry without the naan (GF) 1234 kcal

## **ALL DAY BRUNCH**

Two Cumberland sausages, back bacon, black pudding, fried or scrambled eggs, baked beans, flat mushroom, roasted tomato and chunky chips CHOOSE FROM: fried 1423 kcal or scrambled 1507 kcal eggs

## HAM, EGG & CHIPS

Thick slices of hand-carved ham served with two fried eggs, chunky chips and English mustard 891 kcal GO GLUTEN FREE! Same great dish without the mustard (GF) 782 kcal PULLED BEEF MAC & CHEESE Pulled barbacoa beef and pasta in a rich cheese sauce, served with a side salad 1044 kcal

### **BANGERS & MASH** Three Cumberland sausages with creamy mash and gravy 771 kcal ADD mixed veg on the side +139 kcal

## CHUKA CHICKEN CYECYD

SMOKY CHICKEN CAESAR	16.50
Freshly grilled chicken breast on a bed of baby gem lettuce, Gran Levanto shavings and crunchy croutons, all drizzled with a smoky Caesar dressing 7021	
GO VEGGIE! Ask for your salad without the chicken (V) 507 kcal	13.50
HALF ROAST CHICKEN With chunky chips and a dressed leaf garnish. Covered in your choice of bbq sauce 1125 kcal or hot sauce 1202 kcal	19.00
ULTIMATE RACK OF RIBS With chunky chips and a dressed leaf garnish. Covered in your choice of bbq sauce 693 kcal or hot sauce 770 kcal	24.00

## CHICKEN & RIBS

1/4 roast chicken and 1/2 rack of ribs with chunky chips and a dressed leaf garnish. Both covered in your choice of bbq sauce 909 kcal or hot sauce 986 kcal

# SMALL PLATES

## HUMMUS & CRUDITES (VG)

Traditional hummus served with fresh cut radishes, carrots, cucumber and toasted flat bread 745 kcal

## STICKY CHICKEN WINGS

12.00

12.00

12.00

Tossed in BBQ sauce and sprinkled with fresh chilies, coriander and spring onion 999 kcal

10.25

PICED CHICKEN TENDERS	10.25
n crispy breading and served with	24 STAF
alapeño jelly 744 kcal	

#### **RED VELVET PRAWNS** 10.00 With garlic aioli, fresh lime and chilli flakes 445 kcal 8.75

15.50

15.50

HALLOUMI FRIES (V) Served with jalapeño jelly 490 kcal

# BURGERS

All served in a seeded bun with a side of chunky chips

### CHEESE & BACON BURGER

Our juicy beef burger with sliced tomato, red onion, baby gem lettuce, tomato & chilli relish, mayo and sliced gherkins. All topped with Cheddar cheese and back bacon 1458 kcal

## **BBQ BRISKET BURGER**

17.50 Pulled barbacoa beef with delicious BBQ sauce covering our juicy beef burger. With sliced tomato, red onion, baby gem lettuce, tomato & chilli relish, mayo, sliced gherkins and jalapeños 1420 kcal

## BEETROOT & QUINOA BURGER (VG)

A soft vegan patty topped with smashed avocado, grilled peppers, tomato & chilli relish with sliced tomato, red onion and baby gem lettuce 1099 kcal

## SPICY CHICKEN BURGER

15.50 Freshly grilled chicken breast topped with Cheddar cheese, sliced tomato, red onion, jalapeños, gherkins, tomato & chilli relish, baby gem lettuce and mayo 1108 kcal

> For every spicy chicken burger sold we'll donate 50p to 'The School Club Zambia', a UK charity that exists to support schools in Zambia & their pupils. To find out more visit www.schoolclubzambia.org

## FISH & FIELD

BEER BATTERED FISH & CHIPS <sup>†</sup> Hand battered and served with mushy peas, tartare sauce and a fresh lemon wedge 1334 kcal ADD bread and butter 335 kcal	18.25 2.50
<b>GRAINS &amp; GREENS SALAD (VG)</b> Fresh mixed leaves, grated carrot with mixed grains with a pineapple dressing, topped with crumbled vegan feta 383 kcal <b>ADD</b> freshly grilled chicken breast 195 kcal	14.00 4.00
MAC & CHEESE (V) Packed with delicious Cheddar cheese sauce and served with a mini side salad 895 kcal	14.00
VEG MARKET BRUNCH (VG) Vegan sausages, roasted peppers, flat mushroom, smashed avocado, roasted tomato, chunky chips and baked beans 926 kcal ADD fried 242 kcal or scrambled 274 kcal eggs (V)	13.00 3.25
<b>VEG MAKHANI (VG)</b> Lightly spiced makhani curry with mixed garden veg. Served with basmati rice, garlic & coriander naan and mango chutney 988 kcal <b>GO GLUTEN FREE!</b> Ask for your curry without the naan <b>(GF)</b> 759 kcal	17.00

## PROPER PIES

Traditional shortcrust pastry pies served with fresh, buttery mash,

8.25 S In

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## DESSERTS

VANILLA CHEESECAKE (V) With salted caramel sauce and blueberry compote 508 kcal

STICKY TOFFEE PUDDING (V) With salted caramel sauce and vanilla ice cream 651 kcal

## DARK CHOCOLATE TORTE (VG) (GF)

7.75

Dark chocolate & coconut torte with vegan stracciatella ice cream 552 kcal

## ICE CREAM SELECTION (GF)

7.00

7.75

8.00

Three scoops of your choice from: Chocolate (V) 89 kcal . Vanilla (V) 87 kcal • Strawberry (V) 88 kcal • Stracciatella (VG) 117 kcal

### onion gravy and garden veg. Choose from: PIE OF THE WEEK - ask your server for today's fillings 17.25 SQUASH & BEAN (V) 1022kcal 14.25

## SIDES

IUNKY CHIPS AND MAYO (V) (GF) 789 kcal	4.75
TH BBQ SAUCE (V) (GF) 482 kcal OR WITH GRAVY (VG)(GF) 419 kcal	+1.25
IXED VEGETABLES (VG) (GF) 139 kcal	4.75
IUSE SIDE SALAD (VG) (GF)	4.75
xed salad leaves served with cucumber slices, cherry tomatoes	
d mint leaves, drizzled with pineapple dressing 29 kcal	STELL .

### BEER BATTERED ONION RINGS (V) 365 kcal

4.75

(V) These dishes are made from ingredients that do not contain meat or fish. (VG) these dishes are made from ingredients that do not include any animl derivatives. (GF) these dishes are made with no gluten-containing ingredients. However, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian, vegan or gluten free food. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but as our food is prepared & freshly cooked to order in our busy kitchen, there may be a risk that traces of allergens & gluten can be found in any dish. We are happy to provide you with allergen guidelines for all our menu items. For more detailed information please ask one of our crew. For full details visit www.restaurantallergens.com/thesmithfield. Our fish is a natural product & may contain small bones. TRG Concessions only use RSPCA assuredTM shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website | 0324

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